



ITZ Sports, Inc. 390 Airport Road Fall River, MA 02720

(T) 508-677-3200 (F) 508-677-3201 www.itzbaseball.org

SESSION III GROUP TRAINING CLASS REGISTRATION

January 9, 2012 - February 17, 2012

Participant Name _____ Phone _____

Parent / Guardian _____ Cell #: _____

Street _____ City _____ State _____ Zip _____

Age _____ Date of Birth _____ Email _____

BULLPEN CLUB - Baseball Pitching Classes - (6) 1 Hour Classes

AGES	DATES	CLASS DESCRIPTION	COST
<input type="checkbox"/>	9 - 12	Jan 9 - Feb 13 Mon 6:00 - 7:00	This class covers the fundamentals of Pitching and will focus on the mechanics of the delivery. Areas of emphasis will include grip, balance, head positioning, hand positioning, hand break, arm angle, delivery, follow through and fastball command. M - \$125 NM - \$140
<input type="checkbox"/>	13 - 15	Jan 11 - Feb 15 Wed 6:00 - 7:00	This class will build on the topics covered above. Pitchers will expand into pitching from the stretch, holding base runners, mental approach and developing a plan. Emphasis will be placed on multiple pitch command including fastball and off-speed pitches. M - \$125 NM - \$140

SLUGGERS CLUB - Baseball Hitting Classes - (6) 1 Hour Classes

AGES	DATES	CLASS DESCRIPTION	COST
<input type="checkbox"/>	6 - 8	Jan 9 - Feb 13 Fri 6:00 - 7:00	This class will cover the fundamentals of hitting, including stance, grip, hand positioning, mechanics of the swing and ball/strike recognition. It will also cover the fundamentals of bunting. M - \$125 NM - \$140
<input type="checkbox"/>	9 - 12	Jan 13 - Feb 17 Tue 6:00 - 7:00	This class will cover the fundamentals of hitting, including stance, grip, hand positioning, mechanics of the swing and ball/strike recognition. It will also cover the fundamentals of bunting. M - \$125 NM - \$140
<input type="checkbox"/>	13 - 15	Jan 12 - Feb 16 Thu 6:00 - 7:00	This class will cover the fundamentals of hitting as described above, and expands into pitch recognition, hitting off-speed pitches, count management and developing a plan at the plate as well as bunting for a base hit and breaking from the batters box. M - \$125 NM - \$140

In consideration of my/my child's participation in the activities of ITZ Sports, Inc., I hereby declare myself/him/her medically able to participate in the activities of ITZ Sports, Inc. I understand that there are risks and agree to familiarize myself with all equipment, facilities, rules and physical demands related to the activities of the programs. On behalf of myself, my heirs, executors and administrators, I agree to release and discharge ITZ Sports, Inc., its officers, managers, coaches and sponsors of, and from any and all liability for injury to my child or guardian resulting from, or in any way connected with his or her participation in any of the activities of ITZ Sports, Inc.

Parent / Guardian Signature: _____ Date: _____

Participant Signature: _____ Date: _____

OFFICE USE: Instructor Assigned _____

DATE: _____ AMT: _____ Cash Check # _____ MC/VISA Approval # _____